

# Eat Minehead

Famed as a Gateway to Exmoor, Minehead offers a fantastic shopping experience with a mix of independent retailers, businesses and well known names. With a beach, historic fishing harbour, easy access to dramatic moorland and coastal walking paths, there is plenty to explore.

Minehead has many a culinary treat, from the fabulous independent cafes serving freshly cooked meals and homemade cakes, to pubs and hotels offering delicious daytime and evening meals, there is something for everyone.



Many of the town's cafes and hotels serve Miles Tea & Coffee which is blended locally. Miles is a family run business established since 1888, and they are a founding member of the Ethical Tea Partnership and members of the Fairtrade Foundation.

With their kitchen theatre in the middle of the restaurant, The Beach Hotel serves up a varied menu, created weekly to reflect the seasonal produce available. You can also find local ales and gins, including locally produced Wicked Wolf Exmoor Gin and Exmoor Distillery's Northmoor Gin.

Located along the seafront is Foxes Hotel, which is the UK's only training hotel for people with learning disabilities. The hotel kitchen is a hive of activity, the cuisine is modern British classics with a twist. In addition to the regular restaurant menu, the hotel also hosts themed events such as seafood nights and meze evenings. Foxes also offer delicious, homemade afternoon teas, and snacks in their cosy bar area, or during the Summer months you can sit in the garden, overlooking the sea.

Why not take home some Grown Up Marshmallows for your friends and family (or just keep them all to yourself)? Grown Up Marshmallows are handmade in small batches on Exmoor National Park using 100% natural ingredients and packaged in 100% recyclable, biodegradable,



compostable material out of consideration for the planet. Pop in and see them, their new shop has just opened in Minehead!

Minehead holds regular food markets and events. The weekly Farmers Market is held in The Parade each Friday between 9am and 2pm, the Country Market takes place in Bancks Street each Friday between 9am and 11.30am. This year there will also be three eat: Festivals, these will be held on Saturday 4th April, Saturday 3rd October and an eat: Christmas festival on Saturday 12th December.

### Cally Elston

For contact details please see:  
[www.visit-exmoor.co.uk/minehead](http://www.visit-exmoor.co.uk/minehead)

